

Monkey sports

★ Celebrating 5 Years ★



QUARTERLY REPORT
JAN-MARCH 2024



Message from the founder



“People over estimate what they can achieve in one year and underestimate what they can achieve in ten years.”

This Mantra prevents me to be overwhelmed by the challenges of the community. Creating change is a long term process and there is no quick fix to complex problems like poverty or education.

Our program is not just about sport. Sport is only a medium through which we build Social-Emotional Skills in Children, like taking a cab to reach a destination.

Social Emotional Learning (SEL) is a scientifically validated program that helps children build mental strength to improve life outcomes. The program is especially beneficial for children coming from marginalized communities (as they face more adverse situations at home).

I would be happy to get on a call to explain more about our work. You can reply back on this email. In this newsletter, I am sharing how in the last three months we have built SEL Skills in children and other updates.

Thank you!

Children learn about communication through games



In each of the three communities, we used a game to teach children about different communication styles such as passive, aggressive, and assertive. Children shared stories from their lives when they used different

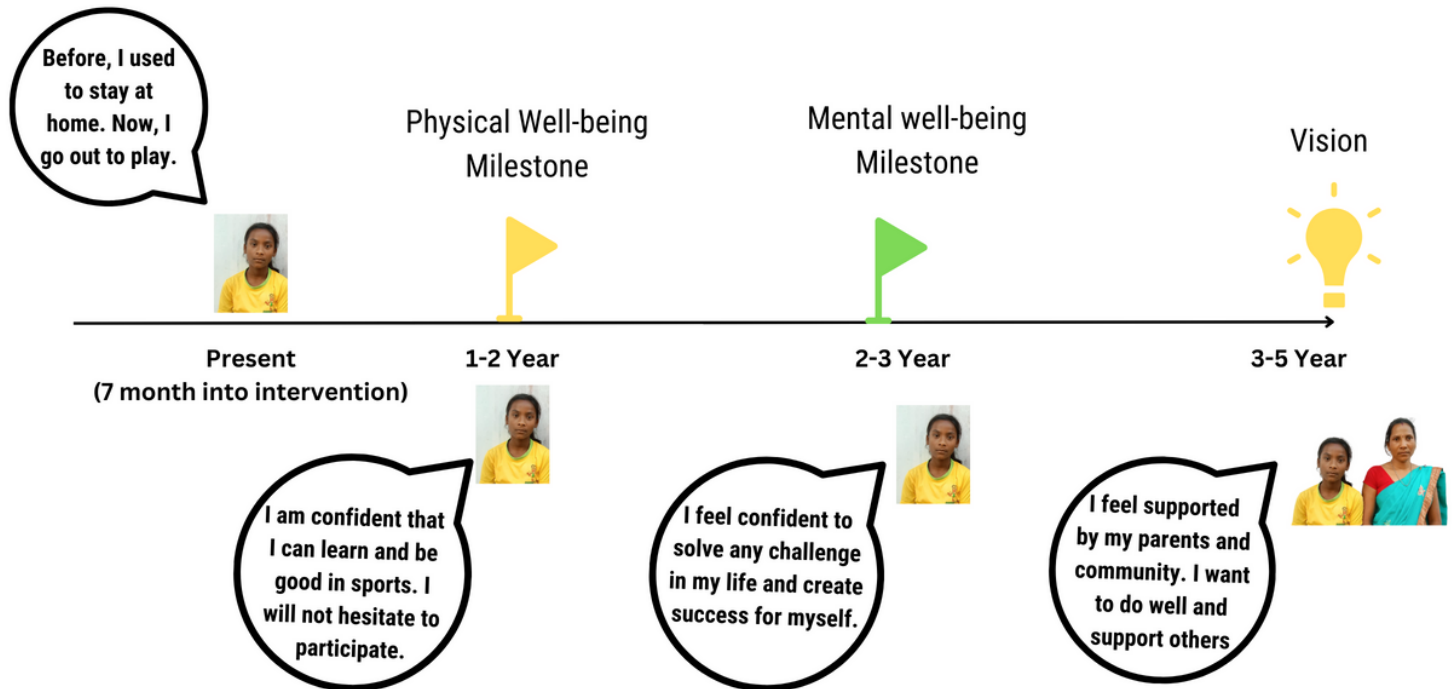
communication styles and the importance of being more assertive.



Monkey Sports' conducted an Anemia and BMI test for 30 children. 12 Children had blood levels below recommended WHO levels and 6 children were severely underweight.



How Chandani built social skills through Sports !!



Chandani is a 4th-grade student who goes to a government school. Her father works in a garage and her mother lives at home.

The first time we met Chandani in the community, we knew we had to give her more attention. She was very shy and hesitant to come play with us. She only talked with a few girls near her home.

It was apparent that Chandani was conscious of her dark looks and the income of her family compared to other children in the communities. After 2-3 months she has started coming regularly to the ground and playing with other children



How Chandani built social skills through Sports !!



"Before I used to spend time at home in the evening. I used to get irritated over small things at home. Now, I go out to play with other children. I also feel more happy and active after coming back from playing. I have started to get along with others."

-Chandani



"Chandani never used to step out of her home. But now, she's out there playing with other children. Earlier, she'd get irritated and angry because she didn't have many friends. But now, she's happy and mingles with other children."

-Anu Painkara,
Chandani's Mother

Report from our training program in Bihar



Parents in the community reported that:

" Young boys in the community drank and smoked. The program has created a positive impact. Children are staying away from bad habits and engaging in sports"



We conducted a two-day training with 10 participants on improving their facilitation skills along with the discussion on topics like fair play, listening skills and problem-solving.



Monkey Sports was invited by the Police Department, Bilaspur, and UNICEF to talk about "How Sport can be used in Rehabilitation for Children in Conflict with Law"




Support our Fundraising Goal for FY 24-25

Children in Raigarh

70% marginalized children face neglect, violence and abuse at home.

"Our Parents did not allow us to go outside home."
-Anisha

"Adults in our lives get irritated with us after a few days"
-Kalpana



Monkey sports

Use trauma informed sports program to create positive outcomes

"Now, we engage with boys and girls together in the community"
-Anisha

"Bhaiya and Didi are always smiling and listen to us very carefully"
-Kalpana

₹ 1,97,600
Raised of ₹ 3L Goal

29 Supporters

31 Days Left

[Donate](#)

About Monkey Sports

Monkey Sports is a rural based non-profit organization that conducts trauma informed sports program to improve their mental and physical well-being.

In the last 5 years, we have worked with 2500 children in 3 different states (in remote geographies) and through our work, we have been able to improve children's behavioral problems and educational outcomes.